



Xaverian Educational Society

Fr. Agnel College of Arts & Commerce

Pilar – Goa
Affiliated to Goa University

Reg. No. AC-16

Re-accredited by NAAC in year 2022 with Grade **A+** / CGPA **3.28**

06th February 2026

Fr. Agnel College, Pilar, Goa – Suicide Prevention and Mental Health Policy

Purpose: Commitment to a supportive, stigma-free campus where suicide prevention and mental health care are available to all students, faculty, and staff.

Key commitments:

- Creating a safe space, protecting privacy, and responding promptly to distress.
- Promoting awareness, reducing stigma, and encouraging help-seeking.
- Providing crisis contact information and access to support.

Crisis response:

- On-site counsellor during working hours; clear after-hours process.
- Immediate safety actions and referral to professional care when needed.
- Off-campus helplines and local mental health services listed and accessible.

Access to support:

- Free, confidential campus counselling; referrals for longer-term care.
- Academic adjustments to support students in distress.
- Trained peer support and wellness resources through mental health club.

Roles:

- Leadership funds and oversees mental health efforts.
- Counsellors handle care, risk assessment, and follow-up.
- Faculty, staff, and students recognize distress and guide peers to help.

Confidentiality and consent:

- Respecting privacy; disclosing only as needed to prevent harm or with consent, per policy and law.

Communication and awareness:

- Regular mental health literacy and stigma-reduction activities.
- Visible contact information for counsellors, helplines, and emergency services.

Dr Fr Fredrick Rodrigues
Convener



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